JCC of Central New Jersey
Indoor Pool Schedule

	Sunday 6-Sep	Monday 7-Sep	Tuesday 8-Sep	Wednesday 9-Sep	Thursday 10-Sep	Friday 11-Sep	Saturday 12-Sep
	Lanes 1 2 3 4 5 6	Lanes 1 2 3 4 5 6	Lanes 1 2 3 4 5 6	Lanes 1 2 3 4 5 6	Lanes 1 2 3 4 5 6	Lanes 1 2 3 4 5 6	Lanes 1 2 3 4 5 6
6:00		6:00	6:00	6:00	6:00	6:00	6:00
6:30		6:30	6:30	6:30	6:30	6:30	6:30
7:00		7:00	7:00	7:00	7:00	7:00	7:00
7:30		7:30	7:30	7:30	7:30	7:30	7:30 Open Swim
8:00		8:00	8:00	8:00	8:00	8:00	8:00 Adult La Swim
8:30		8:30	8:30	8:30	8:30	8:30	8:30
9:00		9:00	9:00 Adult Lap Lanes	9:00 Adult Lap Lanes	9:00 Adult Lap Lanes	9:00 Adult Lap Lanes	9:00
9:30		9:30	9:30	9:30	9:30	9:30	9:30
10:00		10:00	10:00	10:00	10:00	10:00	10:00
10:30		10:30	10:30	10:30	10:30	10:30	10:30
11:00		11:00	11:00	11:00	11:00	11:00	11:00
11:30		11:30	11:30	11:30	11:30	11:30	11:30
Noon		Noon	Noon	Noon	Noon	Noon	Noon
12:30		12:30	12:30	12:30	12:30	12:30	12:30
1:00		1:00	1:00	1:00	1:00	1:00	1:00
1:30		1:30	1:30	1:30	1:30	1:30	1:30
2:00		2:00	2:00	2:00	2:00	2:00	2:00
2:30		2:30	2:30	2:30	2:30	2:30	2:30
3:00		3:00	3:00 Open Swim	3:00 Open Swim	3:00 Open Swim	3:00 Open Swim	3:00
3:30		3:30	3:30	3:30	3:30	3:30	3:30
4:00		4:00	4:00	4:00	4:00	4:00	4:00
4:30		4:30	4:30	4:30	4:30	4:30	4:30
5:00		5:00	5:00	5:00	5:00	5:00	5:00
5:30		5:30	5:30	5:30	5:30	5:30	5:30
6:00		6:00	6:00	6:00	6:00	6:00	6:00
6:30		6:30	6:30	6:30	6:30	6:30	6:30
7:00		7:00	7:00	7:00	7:00	7:00	7:00
7:30		7:30	7:30	7:30	7:30	7:30	7:30
8:00		8:00	8:00	8:00	8:00	8:00	8:00
8:30		8:30	8:30	8:30	8:30	8:30	8:30
9:00		9:00	9:00	9:00	9:00	9:00	9:00
9:30		9:30	9:30	9:30	9:30	9:30	9:30
9:45		9:45	9:45	9:45	9:45	9:45	9:45
10:00		10:00	10:00	10:00	10:00	10:00	10:00
	Closed	**Closed**	**Pool Closes at 7:45pm**	**Pool Closes at 7:45pm**	**Pool Closes at 7:45pm**	**Closes at 5:45pm**	**Closes at 4:45pm**

Swim Team	Adult Lap	Water Fitness	Mighty Ducks
Class/Lessons	Open Swim	School Programs	

A weekly pool schedule is available online at www.jccnj.org.