

JCC of Central New Jersey
Indoor Pool Schedule

Sunday 13-Oct							Monday 14-Oct							Tuesday 15-Oct							Wednesday 16-Oct							Thursday 17-Oct							Friday 18-Oct							Saturday 19-Oct						
Lanes							Lanes							Lanes							Lanes							Lanes							Lanes													
1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6							
6:00						6:00						6:00	Adult Lap				6:00						6:00	Adult Lap					6:00					6:00														
6:30						6:30	Adult Lap					6:30	Adult Lap				6:30	Adult Lap					6:30	Adult Lap					6:30	Adult Lap				6:30	Adult Lap													
7:00	Open					7:00	Adult Lap					7:00	Adult Lap				7:00	Adult Lap					7:00	Adult Lap					7:00	Adult Lap				7:00	Adult Lap													
7:30	Open	Adult L				7:30	Open					7:30	Open				7:30	Open					7:30	Open					7:30	Open	Adult La			7:30	Open	Adult La												
8:00	Swim	Swim				8:00	Swim					8:00	Swim				8:00	Swim					8:00	Swim					8:00	Swim	Swim			8:00	Swim	Swim												
8:30						8:30	Open	ADULTS C				8:30	Open	ADULTS ONL			8:30	Open	ADULTS ONL				8:30	Open					8:30					8:30														
9:00						9:00	Swim	for Lap sw				9:00	Swim	for Lap swim			9:00	Swim					9:00	Swim					9:00					9:00														
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7:30	No open/free swim					7:30						7:30					7:30						7:30					7:30					7:30															
8:00	from 9 - 11:30 AM.					8:00						8:00					8:00						8:00					8:00					8:00															
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Closes at 4:45 PM							Pool Closes at 9:45							Pool Closes at 9:45							Pool Closes at 9:45 pm							Pool Closes at 9:45 pm							Closes at 5:45pm							Closes at 4:45 pm						
							Swim Team						Adult Lap					Water Fitness						Class/Lessons					Open Swim					School Programs														
Sharing an Adult Lap Lane: before jumping into a lane to swim, please make the swimmer in that lane aware that you will be sharing a lane with them.																																																
A weekly pool schedule is available online at www.jccnj.org .																																																