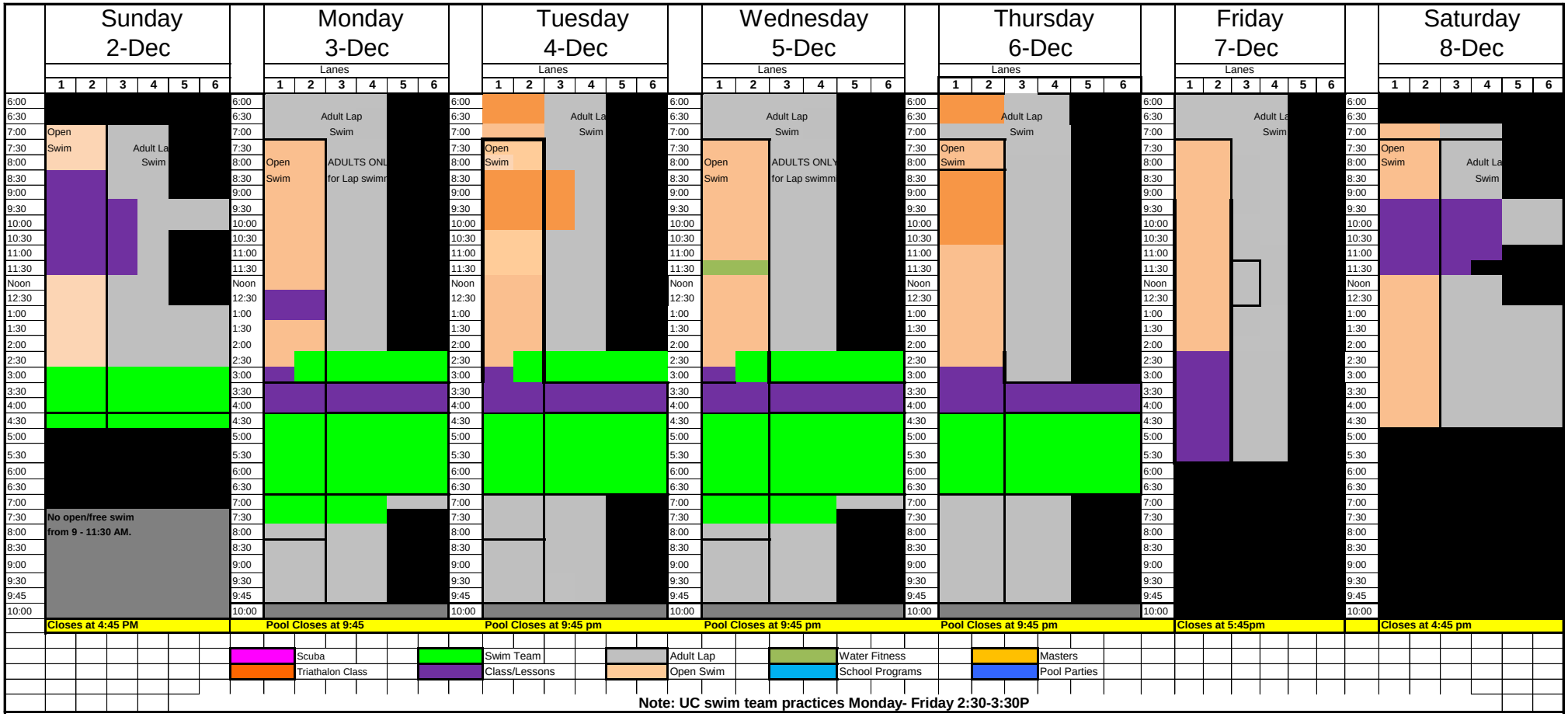
JCC of Central New Jersey
Indoor Pool Schedule



Note: UC swim team practices Monday- Friday 2:30-3:30P

Sharing an Adult Lap Lane: before jumping into a lane to swim, please make the swimmer in that lane aware that you will be sharing a lane with them.

A weekly pool schedule is available online at www.jccnj.org.