

May 2026 Events & Lunch Calendar

Every day: Socialization 9:45-10:15, Exercise at 10:15-11:00, Program at 11:15-12:15, Lunch at 12:15-1:00

Mon, May 4	Tues, May 5	Wed, May 6	Thurs, May 7
Sing-Along-Day	The World in the Eighteenth Century with Cynthia Affinito	Artificial Intelligence with JCC Board Member Marc Herzog	Celebrate Spring Birthdays with Vocalist Jeff Dunston
Eggplant Parm, Green Bean Salad	Roasted Chicken, Mashed Potatoes, Tomato & Corn Salad	Quesadillas, Rice & Beans, Salsa & Sour Cream	Lemon-Garlic Tilapia, Egg Noodles, Carrot & Celery Salad
Mon, May 11	Tues, May 12	Wed, May 13	Thurs, May 14
Facing the Music with Dave Schlossberg	Sharing Stories/Creative Writing	Entertainment Historian John Kenrick on Mel Brooks: It's Good to Be the King of Comedy	Understanding Genetics & Aging with Unicity Care Management
Hamburgers, Baked Potato	Spaghetti Bolognese, Salad	Salmon, Brussels Sprouts, Five Bean Salad	Pizza & Salad
Mon, May 18	Tues, May 19	Wed, May 20	Thurs, May 21
Plums, Paprika & Ghosts: Our Trip to the Austro-Hungarian with Author A.J. Sidransky	Heroines: The Women Who Showed Up with Daniella Gefen from Jewish Federation of Greater MetroWest NJ	How the Internet Changed the Media & Why Newspapers, Music & TV will Never be the same with Brian Rose	Raphael: Artist & Visionary with Arts Educator Janet Mandel
Quiche, Potato Chips, Salad	Chicken Cutlets, White Bean & Arugula Salad, Fries	Cod Cakes, Wild Rice, Creamy Cucumber Salad	Blintzes, Roasted Zucchini, Lentil Soup
Mon, May 25	Tues, May 26	Wed, May 27	Thurs, May 28
No Program in Observance of Memorial Day	Home is Where the CARE Is Panel Discussion on Senior Wellness	Because of You: Love Songs, a Concert/Lecture Performed by Diane Cypkin, PhD	Lecture/Pianist Clint Edwards on Julie Andrews' Broadway Career
	Vegetable Pot Pie, Salad	Salmon, Tomato-Cucumber-Feta Salad, Roasted Baby Potatoes	Turkey-Avocado Wraps, Cole Slaw, Chips