

March 2019 Menu and Schedule

Every day begins with Socialization/announcements until 10:15, Exercise 10:15-11:15, Program at 11:15, Lunch 12:15

<u>Mon, March 4</u>	<u>Tue, March 5</u>	<u>Wed, March 6</u>	<u>Thurs, March 7</u>
Savory Spice Shop on cooking with reduced salt	Hannah DeVorkin on playwright Caryl Churchill	Book Talk with Debbie Abrams	Sing-along with Mitch Radler
Hotdogs, chips, cole slaw	Veggie enchiladas, rice, beans	Tuna nicoise salad, cheese toast	Artichoke crepes, Tortellini & broccoli salad
<u>Mon, March 11</u>	<u>Tue, March 12</u>	<u>Wed, March 13</u>	<u>Thurs, March 14</u>
Author visit - Eileen Pollack - 'The Bible of Dirty Jokes'	Clips from Flicks - Gypsy and West Side Story	Barbara Buettner - Short Stories - and Lesley Vogel	Cultural Events and Controversies with Robert Galante
Baked ziti, salad	Spinach sole, dirty rice, soup	Eggplant & Tomato tart, salad, soup	Fried chicken (legs), mashed potatoes, asparagus
<u>Mon, March 18</u>	<u>Tue, March 19</u>	<u>Wed, March 20</u>	<u>Thurs, March 21</u>
Journey from Johannesburg with musician Toby Tobias	From Bach to Sinatra with Thomas Elefant	Intergenerational Purim celebration	Barbara Tomlinson - Degas Hats
Cod w/white beans, kale & artichokes, Garlic bread	Grilled cheese, cucumber salad, creamy tomato herb soup	Turkey pot pie, Spinach salad	Portabello burgers, chips, kale caesar salad
<u>Mon, March 25</u>	<u>Tue, March 26</u>	<u>Wed, March 27</u>	<u>Thurs, March 28</u>
Barbara Buettner - Memoirs	John Kenrick - Gene Kelly	James Michael - in memory of Sid Lieppe	Author visit-David Greene- 'He Could Make Words Sing'
Frittata, French toast casserole, soup	Salmon, quinoa salad, avocado toast	Chicken, Roasted potatoes, tomato & olive salad	Lasagna, salad