

July 2026 Events & Lunch Calendar

Every day: Socialization 9:45-10:15, Exercise at 10:15-11:00, Program at 11:15-12:15, Lunch at 12:15-1:00

Mon, July 6	Tues, July 7	Wed, July 8	Thurs, July 9
Alisa Dupuy of The Ladies of History as Betsy Ross	Lecturer Jimmy Scalia with One Hit Wonders	Kevin Woyce with the Statue of Liberty	Celebration of all Summer Birthdays! With Singer Maggie Griffin-Smith
Turkey Wrap, Fries, Carrot Salad	Vegetarian Chili, Corn Bread, Cucumber Salad	Baked Ziti, Green Salad	Cod, Vegetable Barley, Marinated Tomatoes
Mon, July 13	Tues, July 14	Wed, July 15	Thurs, July 16
Being Alone Does Not Mean Being Lonely with Homewatch CareGivers Director of Education, Karen Frank, RN	Celebrating the 'Tennials' with Damon Affinito	Entertainment Historian John Kenrick on Funny Ladies: Great American Comediennes	Art Project Day!
Cheese Quesadilla, Rice & Beans, Salsa & Sour Cream	Pasta Bolognese, White Bean & Artichoke Salad	Pesto Salmon, Roasted Potato Wedges, Dilly Green Beans	Portabella Burger, Wedge Salad, Chips
Mon, July 20	Tues, July 21	Wed, July 22	Thurs, July 23
The Fabric of NY: The Great American Garment District with Robbie Amodeo	Piano Concert with Composer/Pianist Clint Edwards	Comedy, trivia, and music with Marklyn Johnson	Join the Conversation with our Favorite Librarian, Debbie Abrams
Veggie Cheese Burger, Lettuce, Tomato & Pickles, Fries	Chicken & Broccoli Stir Fry, Rice, Spring Rolls	Tuna Nicoise Salad, Garlic Bread	Baked Ravioli, Green Salad
Mon, July 27	Tues, July 28	Wed, July 29	Thurs, July 30
The Energy Leaks You Don't Know You Have with Jill Gordon, CNHP, MNLP, HHC	Florian Schantz Jazz Combo	Social Action Day! Doing good deeds for others	Songs of Love & Hope with Laura Wetzler
Quiche, Spinach Salad	Beef Burger, Lettuce, Tomatoes, Pickles, Southwest Macaroni Salad	Caprese Sandwich, Five Bean Salad	Salmon, Carrot & Celery Salad, Lemon Garlic Potatoes

OVER