

# HILLARY SACHS

*nutrition*

**Registered Dietitian Nutritionist ♦ Board Certified in Oncology Nutrition**



I completed my undergraduate training at Cornell University in Nutritional Sciences; a Master's in Clinical Nutrition at New York University; and board certification in oncology nutrition through the Commission on Dietetic Registration.

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## About

I'm Hillary Sachs — And I'm a Board Certified Specialist in Oncology Nutrition. I've dedicated my life to bringing non-restrictive cancer nutrition plans to individuals at every stage of their experience with cancer.

I've counseled and educated hundreds of people at various stages of their cancer journeys on the impact their nutrition has on their treatment and overall wellbeing. I work one-on-one with patients post-diagnosis — as well as those looking to optimize their health to prevent cancer — to design and implement oncology nutrition plans.

I use a personalized and compassionate approach with each client to create non-restrictive nutritional guidelines that are actionable, sustainable and effective.

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## Testimonials

*"Hillary is my trusted nutritionist. She is up to date on all the latest health news and finds a way to personalize an individual plan just for you! Professional and enthusiastic, Hillary has brought a new sparkle to my constant search for an improved healthy lifestyle.*

*— Liz (Service: Individual Nutritional Counseling)*

*Because of Hillary's knowledge and expertise, she changed my way of eating for the better! She opened my eyes to a new variety of foods I never would have tried. And she gave me great recipes too!*

*— Judi (Service: Individual Nutritional Counseling)*

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*— Merri (Service: Individual Nutritional Counseling, Personalized Lab testing)*