

SEPTEMBER 2019 Menu and Schedule

Every day: Socialization and Announcements 9:30-10:15, **Exercise** at 10:15, **Program** at 11:15, **Lunch** at 12:15

Mon, Sept 2	Tue, Sept 3	Wed, Sept 4	Thurs, Sept 5
CLOSED FOR LABOR DAY	Getting to Know You program w/Alison Rivlin	Book Talk w/Debbie Abrams	Paul White on Robert Moses and the World's Fair
	Veggie Flatbreads, Greek salad	Hamburgers, french fries, Lettuce/tomato/onion/pickle	Artichoke crepes, Salad
Mon, Sept 9	Tue, Sept 10	Wed, Sept 11	Thurs, Sept 12
Hand Therapy for arthritis w/Susan Rele	Sparking the Mind with John Kenrick on The Sound of Music	Julian Fortune for Shirley Mazursky's birthday	Clips from Flicks w/Bob Rivlin
Pasta Puttanesca, Caesar salad	Turkey&veggie kebabs, spanish rice, mushroom-barley soup	Salmon w/lemon-butter sauce, baked potato, salad	Hot dogs, potato salad, carrot salad
Mon, Sept 16	Tue, Sept 17	Wed, Sept 18	Thurs, Sept 19
Podiatrist Dr. Michael Kaminsky	Author visit: Conan Doyle for the Defense w/Margalit Fox	High Holiday Program with Cantor Walton 11am-1pm	NJ Intergenerational Orchestra
Turkey sandwich, chips, split-pea soup	Baked ziti, sald	Baked chicken, herb roasted potatoes, asparagus, apples and honey, challah	Southwestern stuffed zucchini, rice, tomato salad
Mon, Sept 23	Tue, Sept 24	Wed, Sept 25	Thurs, Sept 26
Barbara Buettner w/short stories	Sparking the Mind with John Kenrick on Funny Girl	Laura Wetzler: singer, songwriter, folklorist	Current events w/Robert Galante
Grilled cheese, salad, tomato soup	Baked cod, barley, kale w/white beans & artichoke	Swedish meatballs, rice, roasted broccoli	Bagels & lox, cabbage salad, lettuce/tomato/onion/pickle
Mon, Sept 30			
Closed for Rosh Hashanah			

