

## DIRECTIONS TO JCC SWIM MEETS (UPDATED 9/09)

Please leave a message on the Aquatic Office's voice mail (908-889-8800 x219) by **10 AM** if you can not make a meet because of sickness. In addition, send an email message to: [barracudas@jccnj.org](mailto:barracudas@jccnj.org)

Center	Address, Directions, Phone #
<b>Bergen JCC/Y</b>	<b>605 Pascack Rd., Washington Twp. NJ 07676</b> (201) 666-6610 <a href="http://www.yjcc.org">www.yjcc.org</a> GSP- North exit 168. Bear right off exit. Continue to light. Right onto Pascack Rd. "J" 1/4 mi. on left, a big brick building.
<b>MetroWest JCC</b> (West Orange Facility)	<b>760 Northfield Ave., West Orange, NJ 07052</b> (973)-736-3200 <a href="http://www.jccmetrowest.org">www.jccmetrowest.org</a> GSP exit 145 (280W) to exit 10 (Northfield Ave.). Stay in left on exit ramp. At light turn left, continue 3 miles, "J" on left. <u>Alternate directions:</u> 24 West to exit 7C (JFK PKW to Livingston/Caldwell, Left @ fork on to CR 648 N for 3.8 mi., Right on E. Northfield (508) 1.5 miles to JCC.
<b>Middlesex JCC</b>	<b>1775 Oak Tree Rd., Edison, NJ 08820</b> (732)-494-3232 <a href="http://www.jccmc.org">www.jccmc.org</a> GSP exit 131, make a right. Go to Wood Ave., make a right. First light, make a left onto Oak Tree Rd. ¾ mi. facility on left. <u>Alternate route:</u> from Scotch Plains JCC, Cooper Road to Left onto Rahway Road, Left on Inman Ave, Right onto Grove Ave, (quick left then right to stay on Grove), Left on to Oak Tree Road, JCC/YMCA Community Center on right.
<b>North Jersey YM/YWHA</b>	<b>1 Pike Dr., Wayne, NJ 07470</b> 973) 595-0100 <a href="http://www.ymha-nj.org">www.ymha-nj.org</a> GSP North., exit 153B, Rte 3 to 46W, to RIVERVIEW DRIVE (after Toys R Us), Left @ end of exit ramp, then quick right to follow Riverview Drive to 7 <sup>th</sup> light, turn Right onto VALLEY ROAD. Turn RIGHT @ 4 <sup>th</sup> light onto RATZER ROAD. Turn left onto PIKE DRIVE, Y is on the left.
<b>JCC on the Palisades</b>	<b>411 E. Clinton Ave., Tenaflly, NJ 07670</b> (201)-569-7900 <a href="http://www.jccotp.org">www.jccotp.org</a> GSP North exit 161, Rt. #4E (or from GSP South, exit 163, RT 17S, Rt 4E). Exit @ " <b>Grand Ave/Englewood</b> " Grand Ave. changes to Engle at 1 mile, pass Englewood Hospital. Make a Right @ 2 <sup>nd</sup> light past hospital onto E. Clinton Ave. "J" 1 mile on left.
<b>Staten Island JCC</b> (Bernikow – Mid Island facility)	<b>Bernikow/Mid-Island Facility, 1466 Manor Road, Staten Island, NY. 10314</b> (718) 475-5200 <a href="http://www.sijcc.org">www.sijcc.org</a> (I-278 towards Goethals Bridge (Toll). Exit 11 toward Bradley Ave.; right at 1 <sup>st</sup> light onto Bradley Ave. Continue ½ mi make a left at the end of the road onto Brielle Ave. Go ½ mi, pass Susan Wagner HS, turn right onto Manor Rd. Facility approx 0.1 mi on right.
<b>Union YM/YWHA</b>	<b>501 Green Lane, Union, NJ 07083</b> (908)-289-8112 <a href="http://www.unionymywha.org">www.unionymywha.org</a> GSP North exit 140 to 82E Morris Ave., 6th or 7th light make right (Scherring Plough on left) onto Green Lane, pass Kean University through trucking district. YHA on left.
<b>Bridgewater JCC</b>	<b>775 Talamini Rd. Bridgewater, NJ 08807</b> (908) 725-6994 <a href="http://www.ssbjcc.org">www.ssbjcc.org</a> <u>From the East</u> , Take Rt. 22 West to (right turn onto) Country Club Rd. (2nd traffic light after Rt. 202/206 intersection) Go through one traffic light, pass the Methodist Church on your left, and make right turn onto <u>Talamini Rd.</u> Proceed 0.7 miles. Go through barricade and turn left onto first driveway, which is the JCC (After Rt. 287 overpass) <u>From the North</u> Rt. 287 South, exit 202/206 Pluckemin. This brings you to 202/206 North -- stay to the right. Take jug handle, which will take you to 202/206 South. Turn Right at 3rd traffic light (Burnt Mills Rd). Left onto Country Club Rd. (1 mi.). Continue on approx. 3 mi., left onto <u>Talamini Rd.</u> Follow above directions.
<b>Health Quest Fitness</b> (Non-league pool)	<b>310 Highway 31 North, Flemington, NJ 08822, (908) 782-4009</b> <a href="http://www.healthquest-fitness.com">www.healthquest-fitness.com</a> 22 W to 202 South towards Princeton/Flemington. 12.0 miles to right turn onto River Road. 2.4 miles to left onto Bartles Corner. Go 0.7 miles; turn right onto RT 31 on facility on right. <u>Alternate:</u> 78 West exit for Rt 31 South (Exit 17 ?), proceed 7.8 miles, turn left onto HealthQuest Blvd.

