

JCC of Central New Jersey
Indoor Pool Schedule

	Sunday 15-Apr						Monday 16-Apr						Tuesday 17-Apr						Wednesday 18-Apr						Thursday 19-Apr						Friday 20-Apr						Saturday 21-Apr					
	Lanes						Lanes						Lanes						Lanes						Lanes						Lanes											
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
6:00	No open/free swim from 9 - 11:30 AM.						Adult Lap Swim						Adult Lap Swim						Adult Lap Swim						Adult Lap Swim						Adult Lap Swim						Adult Lap Swim					
6:30																																										
7:00	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
7:30																																										
8:00	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
8:30																																										
9:00	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
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10:00	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
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11:00	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
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12:30																																										
1:00	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
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2:00	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
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9:00	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
9:30																																										
9:45	Open Swim						ADULTS ONLY for Lap swimming						Open Swim						Open Swim						Open Swim						Open Swim						Open Swim					
10:00																																										
	Closes at 4:45 PM						Pool Closes at 9:45 pm						Pool Closes at 9:45 pm						Pool Closes at 9:45 pm						Pool Closes at 9:45p						Closes at 5:45pm						Closes at 4:45 pm					

- Scuba
- Swim Team
- Adult Lap
- Water Fitness
- Masters
- Triathlon Class
- Class/Lessons
- Open Swim
- School Programs
- Pool Parties

Sharing an Adult Lap Lane: before jumping into a lane to swim, please make the swimmer in the lane aware that you will be sharing a lane with them
weekly pool schedule is available online at www.jccnj.org