

**JCC of Central New Jersey
Indoor Pool Schedule**

	Sunday 10-Sep	Monday 11-Sep	Tuesday 12-Sep	Wednesday 13-Sep	Thursday 14-Sep	Friday 15-Sep	Saturday 16-Sep
	Lanes	Lanes	Lanes	Lanes	Lanes	Lanes	Lanes
	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6
6:00							
6:30							
7:00	Open	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	
7:30	Swim	Swim	Swim	Swim	Swim	Swim	Open
8:00	Adult Lap	ADULTS ONLY	Open ADULTS ONLY	ADULTS ONLY	Open		Adult Lap
8:30	Swim	Swim	Swim for Lap swimming	Swim	Swim		Swim
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
Noon							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30	No open/free swim						
8:00	from 9 - 11:30 AM.						
8:30							
9:00							
9:30							
9:45							
10:00							
	Closes at 4:54 PM	Pool Closes at 9:45 pm	Pool Closes at 9:45 pm	Pool Closes at 9:45 pm	Pool Closes at 9:45 pm	Closes at 5:45pm	Closes at 4:45 pm
		Scuba	Swim Team	Adult Lap	Water Fitness	Masters	
		Triathlon Class	Class/Lessons	Open Swim	School Programs	Pool Parties	
	If the weather is nice the outside pool will open 9/10 at 1pm						

Sharing an Adult Lap Lane: before jumping into a lane to swim, please make the swimmer in that lane aware that you will be sharing a lane with them.

A weekly pool schedule is available online at www.jccnj.org.